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ROBERT ANOLIK, MD



THE TECHIE

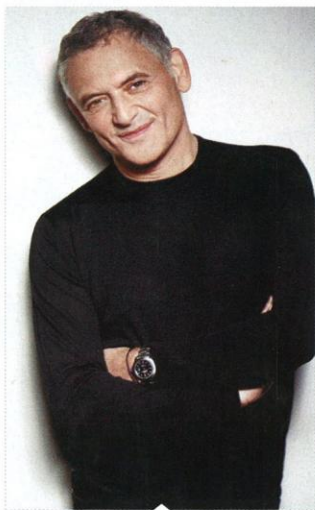
SPECIALTY: Manhattan socialites postpone their first trip to the plastic surgeon by first visiting Robert Anolik, MD, for his state-of-the-art anti-aging treatments. “The latest technologies safely firm and brighten, erasing years while also making the skin healthier,” says Anolik. When he’s not wielding a laser, Anolik is researching the science—he has published more than 20 articles in prestigious medical publications such as the *Journal of the American Academy of Dermatology*.

SECRET WEAPON: The Fraxel Dual laser “firms skin by tightening pores and reducing fine lines, replenishes the dermis with new collagen, and improves overall tone,” Anolik says. “There is an improvement to my patients’ appearances after one session.”

QUICK FIX: Anolik zaps brown spots one by one with a Q-switched ruby laser. “It’s like using a paintbrush to remove marks.” The pigmentation scabs, flakes off, and disappears completely within a week.



From left: Anolik recommends soothing zapped spots with **AQUAPHOR** Healing Ointment; posttreatment redness is masked with a layer of **DR. BRANDT Flexitone BB Cream**; “Retinol is so important,” Anolik says. “I start my patients on an OTC variety such as **Glow by DR. BRANDT** Overnight Resurfacing Serum”; to calm irritation—from lasers or topicals—Anolik recommends **CERAVE** Moisturizing Cream.



JEAN-LOUIS SEBAGH, MD



THE REJUVENATOR

SPECIALTY: Aging supermodels and jet-setting moguls seek out London-based cosmetic surgeon Jean-Louis Sebagh, MD, not only for his pedigree (an industry leader, he pioneered Botox use in the '80s), but also for his unique treatments. Sebagh combines mesotherapy—hundreds of shallow vitamin injections done with an air-gun-like device, popular in Europe—with platelet-rich plasma (PRP) shots, which contain growth factors extracted from the patient’s blood, for intense plumping and firming.

SECRET WEAPON: “Using hyaluronic-acid fillers, I can create an angled jawline and restore volume everywhere on the face in 15 minutes,” he says—“no downtime, no bruising, no pain.”

QUICK FIX: Sebagh blitzes tough-to-tackle saggy eyelids with eMatrix, a radio-frequency device, which he finds gentler and more effective than Fraxel. “Instead of one session with a 10-day recovery,” he says, “you do three sessions with only 48 hours’ recovery.”



Clockwise from left: Effective on its own, **DR SEBAGH** *Suprême Maintenance Youth Serum* also plays well with other products for an extra anti-aging boost; **AVÈNE** *Cicalfate Restorative Skin Cream* “is a miracle—it will heal anything from sunburn to sensitivity to spots”; **SISLEY** *Express Flower Gel* “is extremely firming and fast—it only takes three minutes”; **DR SEBAGH** *Luminous Glow* imparts instant luminosity.

Anolik: courtesy of the subject; still lifes: Jon Paterson/Studio D